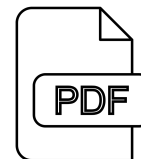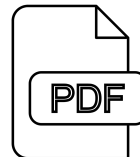| 4 Myths (and 4 Truths) About Empowered Learners	How Hyperdocs Can Transform Your Teaching	How to Create HyperDocs	5 Total Participation Techniques
Understanding Universal Design for Learning			**UDL Guidelines Graphic**
The 4 Shifts Protocol	**Experience being an Empowered Learner**		**The Triple E Framework**
Retrieval Practice: The Most Powerful Strategy You're Not Using	Using Retrieval Practice to Improve Learning	How to Use Retrieval Practice to Improve Learning	Getting at the Heart of the Empowered Learner